

## Family Talk – Freedom from Sin

### READ TOGETHER

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#### John 8:31–39

1. What stands out to you from these verses?
2. What does *freedom* mean to you and your family?

### LIVE IT

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We all want to be free—to have the ability to do whatever we want. Unfortunately, some things we must do even though we don't want to do them. For example, students have to go to school, and adults must pay taxes. If we don't, we have to deal with the consequences.

Sin is tricky. Sometimes we think we have control over sin, and then it sneaks up on us when we least expect it. How do we truly free ourselves from sin? Can we do it by ourselves?

God is truly the only way to break free from sin. When's the last time you asked forgiveness from God? As a family, go around the room and ask for forgiveness for something you've done. Maybe there's a hurt you need to let go of, a pattern of negative thinking, or some harsh words said today. Practice asking for forgiveness, so it becomes a natural habit.

### LEAN ON GOD

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Dear God, Thank You for this day. Thank You for being the One who can truly set us free. Only You can break the chains that bind us as slaves to sin. I pray that we can see like You see and do what You ask. For the times we sin, help us acknowledge our actions and ask You for forgiveness.

Amen

