

Spiritual Warfare

Armor:
Prayer in the Spirit
Message 8

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► Outline

Pray in the Spirit at all times and on every occasion. . . .

Ephesians 6:18 (NLT)

A. Introduction

(Ephesians 6:10-18. C/R: 2 Thessalonians 3:3)

Prayer _____ God's armor to resist Satan's attacks.

B. The role of prayer in spiritual warfare:

1. Provides spiritual _____ to resist attacks.
(Ephesians 6:18a. C/R: Mark 14:38; Romans 8:26-27; 2 Corinthians 10:3-5)

2. Presents a _____ to practice.
(Ephesians 6:18b. C/R: Luke 21:36; 1 Thessalonians 5:17; 2 Thessalonians 1:11)

3. Prepares armor for _____.
(2 Thessalonians 3:3; James 4:7-8)

- **Confirms _____ throughout my life.**
(Armor: Belt of _____. Psalm 25:21)
- **Convicts of sin to increase _____.**
(Armor: Breastplate of _____. Psalm 139:23-24)
- **Confers readiness to _____ courageously.**
(Armor: Shoes of _____. 2 Timothy 1:7-8)
- **Convinces to trust God's _____.**
(Armor: Shield of _____. 2 Corinthians 1:21-22)
- **Cultivates confident _____ of eternal life.**
(Armor: Helmet of _____. Romans 15:13)
- **Converts Bible verses into weapons for specific use.**
(Armor: Sword of the _____. 1 Corinthians 10:13)

Answers: A. activates B. 1. power 2. pattern 3. assault, truth, Truth, holiness, Righteousness, witness, Peace, promises, Faith, hope, Salvation, Spirit

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► Discussion Guide

Use this guide by yourself or with friends to pursue a deeper relationship with Jesus. To connect with others, visit brookwoodchurch.org/adults.

Conversation Starter

What's the purpose of prayer?

Begin your study with prayer

Pause for a few minutes to quiet your heart and mind. Then ask God for insight and direction as you study and reflect on this week's lesson.

Bible Study and Group Discussion

Read Ephesians 6:10-18.

The apostle Paul listed several pieces of armor worn by Roman soldiers to teach us about the spiritual armor given to us by God. This week our focus is on **Prayer in the Spirit**.

1. Prayer is an indispensable weapon in our battle with Satan. How often do you think about spiritual warfare when you pray? Explain.
2. Why do you think the simple act of prayer can sometimes be so difficult?
3. What does it mean to *pray in the Spirit*?
4. Paul tells us to *be alert* (NIV, see also Luke 21:36 and 1 Peter 5:8-9). What are we to be on the lookout for?
5. This passage teaches us the importance of praying for others (*for all the saints*, NIV). Share how you've seen your prayers impact someone else's life.
6. In what ways can prayer be both a preparation for the battle and the battle itself?

Read Romans 8:26-27.

7. Have you ever had a longing too deep for words? Did you sense the Holy Spirit helping you pray? Explain.

Read 1 Thessalonians 5:17.

8. If God expects us to do more than pray, how is it possible to *never stop praying* (also translated *pray without ceasing*)?
9. What happens when we pray?
10. What thoughts have you begun to entertain about your crucial role in fighting the attacks of the enemy?

Spiritual Practice

A spiritual practice is something we can do to help us live in and enjoy God's grace. We hope these practices become a regular part of your life so that walking and talking with God is the most natural thing you do.

This week set aside 5-10 minutes a day to open your heart and mind to the presence of the Holy Spirit.

Memory Verse

"Keep watch and pray, so that you will not give in to temptation. For the spirit is willing, but the body is weak."

Mark 14:38 (NLT)

Daily Reading

Day 1: Psalm 46:7-11

Day 4: Acts 1:1-8

Day 2: Romans 8:26-27

Day 5: 2 Thessalonians 1:11-12

Day 3: 2 Corinthians 10:3-5

Prepare for Next Sunday

Join us for a Morning of Worship as we re-examine the Armor of God that protects us in Spiritual Warfare and celebrate the Lord's Supper. To prepare, review **Ephesians 6:10-18**.



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