

Family Talk – No Pain, No Gain

READ TOGETHER

1 Peter 1:7

We suffer through many things: chores, homework, and long, boring car rides. But have you considered that we also suffer so God can purify us and make us into what He wants us to be? He says we're more precious than gold. And how is gold purified? Through **FIRE!**

LIVE IT

When I was a child, my family was poor, I was smaller than most kids, and I was too light-skinned for some and too dark-skinned for others. Students were brutal to each other, and they didn't spare any harsh words when it came to me. During that season as a kid, God sent believers into my life. I wanted what they had, who they had—Jesus Christ! Did people stop picking on me after I asked Jesus into my life? No! But I had people who showed me how to model Christ, and respond.

God transformed me in my suffering. I still suffer, and God is continually purifying me. It's a good thing though. Suffering is a constant reminder that God loves us, and He's always holding our hand through it all.

LEAN ON GOD

Lord,

When I am suffering, remind me that You suffered **BEFORE ME** and **FOR ME**. Remind me that You're always holding my hand regardless of how old I am. I love you.

In Jesus name,

Amen

