

Family Talk – *Resentment*

READ TOGETHER

Genesis 37:1–36

1. Why did Joseph's brothers resent him?
2. How do you think Joseph felt when his brothers threw him in the well (cistern)? When they sold him into slavery?
3. Have you ever been jealous of someone or resented them? Why? How did you process those feelings?

LIVE IT

Bitterness and resentment are easy to miss in our lives. We look at what someone else has and believe that we deserve just as much, if not more. These feelings left unchecked, can ruin relationships.

While Joseph likely didn't endear himself to his brothers by sharing his dreams with them, he certainly didn't deserve to be mistreated. But instead of processing their emotions in a healthy way, his brothers lashed out. Is there anyone you've acted against in bitterness or resentment? If so, pray about taking a step to seek forgiveness and reconcile.

LEAN ON GOD

Dear God,

Thank You for the grace and mercy you show me daily. Help me love those around me, especially when I struggle with jealousy or resentment. Thank You for the forgiveness You offer me.

In Jesus name,

Amen

