

## Family Talk – An Anguished Question

### READ TOGETHER

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#### Matthew 27:45-54

1. Have you ever been alone or abandoned? How did that make you feel?
2. When you think about the death of Jesus, why can we ultimately rejoice?
3. When we take the Lord's Supper (communion), what should we remember?

### LIVE IT

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As Jesus hung on the cross, He took on the sins of His people. In doing so, His relationship and fellowship with His Father, which had always been perfect, was broken. When He speaks the words "My God, My God, why have You abandoned Me," He's quoting Psalm 22:1. Jesus knew what he was doing and was glad to do it (see Hebrews 12:2) because He knew it would bring glory to His Father by saving His people.

Jesus' death, burial and resurrection should be remembered year-round, not just during the Easter season. How can you and your family be intentional to remember what Jesus did for us all the time?

### LEAN ON GOD

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Dear God,

Thank You for sending Your Son Jesus to the world You created. He lived a perfect life, died a painful death, was buried and rose from the dead. Because of His sacrifice, we can have eternal, abundant life. Help us remember and give thanks for Your sacrifice every single day.

In Jesus name,

Amen

