

RESISTANCE

GROUP GUIDE

This guide is designed to help you grow in your relationship with God and develop meaningful, lasting relationships with others. Get together with friends, or visit brookwoodchurch.org/groups to find a group already meeting. *Let's do life together!*

Message Series: Resistance

Topic: Spiritual Warfare

Message 5: Victory in Identity

February 23, 2025

Opening Exercise

Reflect on this diagram, then respond to the questions that follow.



1. In which of these areas of life are you thriving? Which areas are a struggle?
2. How have you experienced the attacks of Satan in these areas of your life?
3. What would it look like to bring these areas of life further under the reign of the kingdom of God?

Consider how precious a soul must be
when both God and the devil are after it.

Charles Spurgeon

Pray

Spend a couple minutes quieting your heart and drawing your attention toward God.

Consider these prayer points, changing the me/my to us/our if praying in a group.

- God, I pray You'd give me discernment about how the enemy is working in my life.
- I pray You'll break down any barriers keeping me from experiencing You.
- I believe You speak. Help me learn to hear Your voice.
- Jesus, I pray you'd become more and more the center of my life.
- God, thank You for the ways You work in my life.

Read

Galatians 4:4-7 (NIV)

⁴ But when the set time had fully come, God sent his Son, born of a woman, born under the law, ⁵ to redeem those under the law, that we might receive adoption to sonship. ⁶ Because you are His sons, God sent the Spirit of His Son into our hearts, the Spirit who calls out, "Abba, Father."⁷ So you are no longer a slave, but God's child; and since you are His child, God has made you also an heir.

Explore and Discuss

1. Jesus came to free us from the weight of the law. How have you experienced that freedom?
2. What does it feel like to be a son or daughter of God?

3. How has God been fathering you?

4. How do you seek identity and worth apart from God?

5. God made a way for us to be part of His forever family.
 - a. What does it feel like to be part of a family?

 - b. What stirs in your heart as you reflect on the idea that you belong to God?

 - c. In what ways have you experienced this?

6. In its most basic sense, an heir is someone who has received an inheritance from his father. Do you live more like you've *received* something, or like you have to work to *earn* something? Explain.

7. What do you learn about the heart of God in this passage?

8. How does God want you to view yourself from the truths of this passage?

9. What's one way this week's study and discussion will change the way you view God, yourself, or how you'll live this week?

Further study and a recommended book on finding your identity in Christ are offered below.

Make a Move

Spend a few minutes in silence and ask God what He wants you to know and remember from this week's study and discussion. Is there an emotion or thought He's stirring in you? Is there a specific step God is leading you to take?

Memorize

One of the best ways to hear God throughout the day is to store His words in your heart and mind.

Based on this week's theme, commit these words of Scripture to memory:

But when the right time came, God sent His Son, born of a woman, subject to the law. God sent Him to buy freedom for us who were slaves to the law, so that He could adopt us as His very own children.

Galatians 4:4-5 (NLT)

For Further Study

Read: **Romans 8:14-17 (NIV)**

¹⁴ For those who are led by the Spirit of God are the children of God. ¹⁵ The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by Him we cry, "Abba, Father." ¹⁶ The Spirit Himself testifies with our spirit that we are God's children. ¹⁷ Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in His sufferings in order that we may also share in His glory.

1. What does it look like to be led by the Spirit of God?
2. How is this related to being a child of God?
3. Slaves are governed by an authority primarily by duty and obligation. Do you live more often in fear as if you haven't done enough or from a place of belonging and freedom? Reflect and explain.
4. What do you learn in this passage about being an heir?
5. How does that help you understand the hardships of life?
6. What does it mean to share in God's glory?
7. What stands out to you as most important in this passage?

Recommended Book

Who I Am in Christ, Neil Anderson

From the publisher:

Do you know who you are in God's eyes? Have you ever been tempted to doubt God's love? Well, He never gives up on you. Do you spend much of your life trying to earn God's favor? What a tragic waste of time--because you already have His love!

- 36 readings and meditations based on scriptural passages.
- Prayers to say aloud at the end of each chapter.
- Assurances of God's love and your freedom in His kingdom.
- Reminders of your significance in Christ.
- Teachings to broaden your concept of what it means to be a child of God.

God freely gives you the gift of life when you decide to follow Christ. It comes with no strings attached and lasts for eternity. Welcome to His Word and His world--where you are the apple of His eye!